VANCOUVER metro®

NEWS WORTH SHARING.

‘A slide towards environmental deregulation’

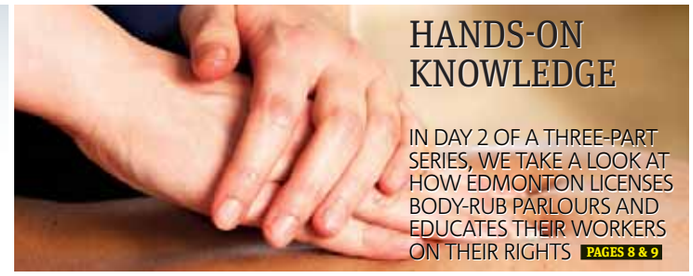
Some natural gas plants, ski resorts are now able to duck environmental assessments under provincial changes PAGE 2

Canadian shows ‘Boston Strong’ bigger than city

Local radio host says support for 118th Boston Marathon a year after tragic bombing is ‘overwhelming’ PAGE 23

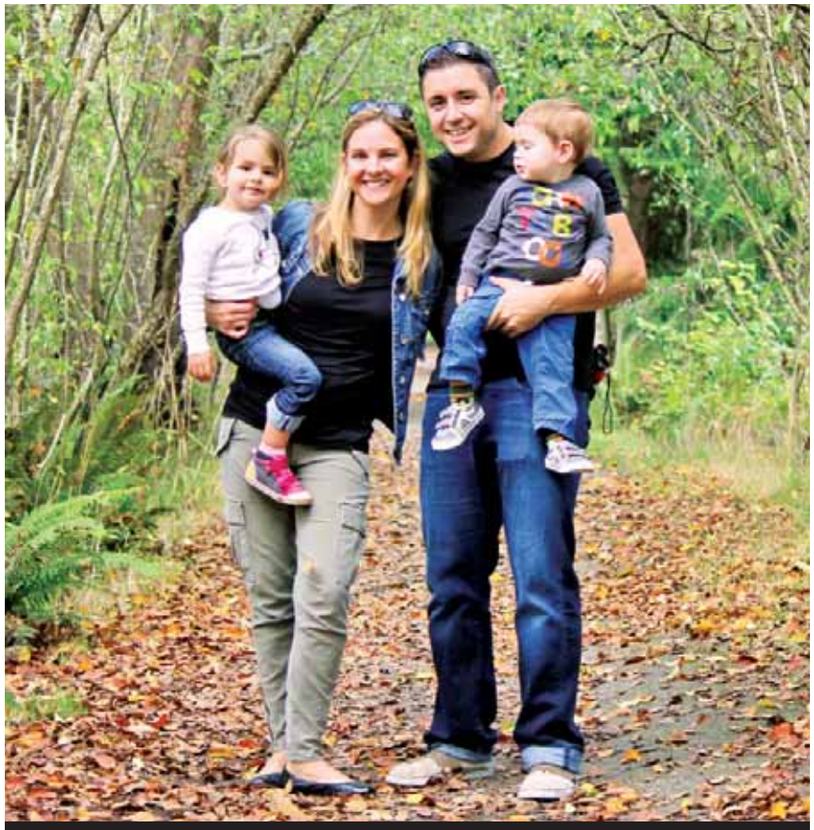
Boot-licking you will enjoy — we promise

Everyone knows about the great flavours of Italy, but it’s truly a feast for all the senses PAGE 18



HANDS-ON KNOWLEDGE

IN DAY 2 OF A THREE-PART SERIES, WE TAKE A LOOK AT HOW EDMONTON LICENSES BODY-RUB PARLOURS AND EDUCATES THEIR WORKERS ON THEIR RIGHTS PAGES 8 & 9



Janine Mendes, 33, of Vancouver with her husband Daniel and children Zoe, 4, and Noah, 2. Mendes, who is undergoing breast-cancer treatment, wanted to try cold-cap therapy to prevent losing her hair during chemotherapy. COURTESY JANINE MENDES

Breast-cancer patient denied chance to try hair-saving treatment

Cold-cap therapy. Woman raised nearly $2,000 for procedure

THANDI FLETCHER
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A Vancouver breast-cancer patient is disappointed she won’t be able to try a therapy that can help prevent hair loss during chemotherapy, despite raising the funds to be able to pay for the treatment herself.

“Hair, especially on women, is such a big part of who you are,” Janine Mendes, 33, told Metro. “I just think it’s such a shame that I wasn’t given the opportunity to try it out.”

Diagnosed with breast cancer in February, the mom of two young children said hair loss was her last concern. But when her sister told her about cold-cap therapy, Mendes said she wanted to try it.

“As a mom, you just want things to be normal for your children,” she said. “Having those stares of, ‘Oh, look at that mom who has cancer,’ I was hoping to avoid that.”

Cold-cap therapy, a special hair cap kept at a temperature of -32 C, works to shrink blood vessels, reducing the amount of chemotherapy drug that reaches hair follicles. Although it is not approved by Health Canada, many cancer patients, including pro snowboarder Megan Pischke of Squamish, B.C., credit the device with preserving their hair.

Special therapy

“There is not enough evidence to date to prove that these cooling hair-preserving treatments are effective.”

Dr. Marianne Taylor of the B.C. Cancer Agency

“For me, it wasn’t about the vanity of keeping my hair,” said Pischke. “It was more like I had a glimpse of a girl at the end of this being able to put this process behind me a little bit quicker.”

As MSP doesn’t cover cold cap therapy, Mendes turned to crowdfunding website Fundrazr, raising nearly $2,000 to pay for it. Soon after, her doctor told her she wouldn’t be allowed to use the device.

Dr. Marianne Taylor of the B.C. Cancer Agency said the chemotherapy area’s layout doesn’t have the required space needed to operate cold cap therapy. Doing so “would interfere with efficient and safe operations of patient care,” she said.

Mendes is hopeful the agency will develop guidelines in the future for cold cap therapy.

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NEWS 1

Environmental assessments for natural gas plants scrapped

Provincial decision. Destination resorts also won't need an assessment done

MATT KIELTYKA
matt.kieltyka@metronews.ca

Exempting sweet natural gas plants and destination resorts from environmental assessment spells trouble for British Columbia, advocates warn.

Changes made this week by the B.C. government, through two Orders in Council, mean that proposed natural gas plants that produce less than two tonnes of sulphur emissions per day and ski and all-season resorts will no longer need to undergo environmental assessments in the province.

"Both of these categories of projects are already subject to robust review and approval exercises by other provincial government agencies," said an information sheet posted on the government website.

"This move will reduce duplication, while freeing up Environmental Assessment Office resources for reviews of other important projects with the potential for significant adverse effects."

Combined with the introduction of amendments to the Park Act (through Bill 4) and changes to the Agricultural Land Reserve (Bill 24) during the spring legislative session that would permit resource development on protected land, West Coast Environmental Law Association lawyer Anna Johnston says the government is going full speed ahead with reckless deregulation.

"We see it as part of a slide towards environmental deregulation," said Johnston. "Environmental assessments will no longer be triggered by fracking operations as government ramps up that industry, especially in the north. Under this regime, public won't be notified about developments and there is no guarantee their concerns will be heard."

Johnston said environmental assessments are critical for public input, ensuring proper research is conducted and for imposing conditions on proponents that mitigate potential environmental risks.

She has little confidence that scrapping those assessments in favour of a streamlined approval process through the Oil and Gas Commission can adequately protect the environment.

NDP environment critic Spencer Chandra Herbert was made aware of the orders late Monday with no warning.

"It's just wrong and bad policy. This can have a major environmental impact," he said. Chandra Herbert believes the potential damage done to land without proper environmental assessment can't be undone. Wildsight, an environmental group opposed to the proposed Jumbo Glacier Resort on sensitive grizzly bear habitat in the East Kootenay Purcell Mountains, was equally taken aback.

"Assessing the environmental and social impacts of any such project should be a basic requirement," said Wildsight spokesperson Robyn Duncan in a statement.

WITH FILES FROM THE CANADIAN PRESS

A sightseer views the upper Jumbo Valley from a rock outcropping near the top of Glacier Dome. This is near the site of a proposed teahouse and the top terminal of the proposed Glacier Dome gondola. CONTRIBUTED

Grandmother killed, child severely injured in homicide

VPD Const. Brian Montague
MATT DESOUZA/FOR METRO

A two-year-old girl is in hospital with severe "life altering" injuries in the aftermath of a horrific murder in Vancouver Monday, police say.

Vancouver police have released new information on the homicide and stabbing at an apartment at 3319 Kingsway, near the corner of Joyce Street, that left one woman dead, a child injured and a 33-year-old man shot by police and arrested.

VPD spokesperson Const. Brian Montague told media Tuesday that Ka Chi David Siu has been charged with murder and attempted murder in connection with the incident.

Police have identified the murder victim as 63-year-old Yin Nor Hsao, Siu's mother, a grandmother who was caring for the two-year-old, Siu's niece, that day as the girl's parents were at work.

The two-year-old is expected to survive the injuries she sustained, but Montague said the nature of those injuries are likely "life altering."

"(The injuries) are fairly significant, worse than I was initially informed," he said.

The suspect had no criminal record and was not known to police, though VPD confirmed they've been called to the apartment before in 2008.

Montague said mental illness "will probably be a factor" in the case.

MATT KIELTYKA/METRO

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Wedding visit crashers.

Couple robbed at gunpoint in North Vancouver

An Edmonton couple visiting North Vancouver for a wedding was robbed at gunpoint in their hotel room early Saturday morning.

Three men entered their room, uttered threats and violently stole cellphones, wallets, cash, jewelry and an iPad from the couple, according to North Vancouver RCMP Cpl. Richard De Jong.

The male victim received head injuries in the robbery, but was able to help police identify the main suspect in a Facebook picture. The victims knew the suspect as a friend of a friend.

Police executed a search warrant at a residence where the three men believed to be involved were arrested. All three are well known to police. Investigators seized the stolen property, drugs and a handgun.

North Vancouver resident Liban Robleh, 26, was charged with three counts of firearms offences. He will remain in custody until Thursday.

Additional criminal charges are expected against Robleh and the two other male suspects.

EMILY JACKSON/METRO

Incinerator scheme.

Nanaimo will not become a garbage dump for the Lower Mainland: Mayor

An enthusiastic crowd gave Nanaimo Mayor John Ruttan a loud cheer as he moved to snuff out plans to burn Metro Vancouver garbage near his Vancouver Island city.

Nanaimo councillors have voted unanimously to inform the province and Metro Vancouver that Nanaimo opposes a waste incinerator near Duke Point, just south of the city.

Ruttan says Nanaimo will not become a garbage dump for the Lower Mainland.

He criticized Metro Vancouver officials for forcing project backers to remain almost silent about the plan.

A partnership of companies, including Seaspan Ferries Corp., had proposed construction of the incinerator.

A Seaspan spokesman concedes Nanaimo is strongly opposed to the idea, but Ruttan says Metro Vancouver could still push ahead because Seaspan owns the land in question and the property is zoned for industrial use.

THE CANADIAN PRESS

Pedestrians walk among street trees in downtown Vancouver on Tuesday. MATT DESOUZA/METRO

Property owners rush for tree-chopping permits

No leaf left behind.

City plans to ban unnecessary removal of healthy trees

EMILY JACKSON
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Hundreds of property owners rushed to city hall to get permits to chop down healthy trees on their land in anticipation of city council banning their removal this week.

City staff had to turn away "many, many" people on Monday and Friday because they were overloaded with permit requests due to reports that council might change city bylaws to protect trees on private property from the whims of landowners, city planner Brian Jackson told council Tuesday.

As it stands, people can remove one tree per year from their property regardless of the reason, whether they don't want to rake leaves or they want a better view.

Under the new system, if passed, people will need reports from arborists and city inspections before they can chop a troublesome tree. (These regulations will cost the city a few hundred thousand per year.)

The city issued 50 permits on both Monday and Friday under the old rules, but decided to stop processing applications until council makes a decision.

NPA councillors did not agree with the preemptive ban, saying that owners should be able to do what they want on their property before the rule changes.

Staff argued they don't have the resources to process the influx of tree-chopping applications and that it is important to stop a mass cull of trees.

Vancouver's urban tree canopy cover — how much ground area is covered by tree leaf canopies as seen from the sky — declined to 18 per cent in 2013 from 22.5 per cent in 1995, according to park board general manager Malcolm Bromley.

In the past 20 years, nearly half the trees chopped in Vancouver were healthy and felled on private property.

Council is scheduled to vote on the proposed changes Wednesday. No permits will be issued in the interim.

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Too much employee info revealed: Report

Police checks. Information and Privacy commissioner wants to scale back disclosures

B.C. leads the country when it comes to stepping on the privacy rights of people who need police information checks for employment, says a report released Tuesday by Information and Privacy Commissioner Elizabeth Denham.

In what Denham is calling her most important report ever, she concluded too much mental health and so-called non-conviction information is being revealed to employers.

Government and police boards should immediately stop providing mental health information as part of the documentation released in such checks, said Denham's report.

She's also calling for legislation stopping the release of information where a conviction hasn't been obtained, unless the jobs involve working with vulnerable populations.

"The time has come to find a new way forward in B.C. that meets the legitimate business interests of employers while respecting the fundamental rights of our citizens," said the 42-page report, Use of Police Information Checks in British Columbia.

Her report said thousands of police checks are used by employers and volunteer groups every year in the hiring process and the information, which often goes beyond criminal records, can have lasting and profound impacts on a person's privacy.

"I've stated the system is broken," Denham said in an interview. "The release of non-conviction information is putting employers in an untenable position of contravention our privacy laws."

She said some people have given up looking for work because of what is contained in their police checks — info not related to criminal convictions. **THE CANADIAN PRESS**

Privacy Commissioner Elizabeth Denham CONTRIBUTED

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THE NEW 2014 SPORTAGE — hwy / city 100km 7.0L/10.0L

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Return of the Mac?

Wedding anniversary goes as planned after stolen laptops returned

Fifty years of memories packed into a PowerPoint presentation for a wedding-anniversary party almost disappeared when two laptops were stolen in Nanaimo, B.C.

RCMP say the computers were taken from the home of an elderly couple whose daughters had prepared the presentation to celebrate their parents' 50th anniversary.

Police received several calls Friday night from residents who said someone was attempting to break into their suites.

Const. Gary O'Brien says one caller reported his patio door was smashed, and another said he heard a loud bang.

O'Brien says that thanks to the eagle eye of an auxiliary officer who joined Mounties at the scene, a man was arrested after a short chase and police recovered two laptops, which were returned to the happy couple. **THE CANADIAN PRESS**

Oil pipeline

Enbridge makes nice with unions

Enbridge is aiming to build support for its proposed Alberta-to-B.C. oil pipeline by pledging to bring good jobs, meaty paycheques and ample training opportunities to Canadian workers.

A memorandum of understanding between Northern Gateway Pipelines and trade unions representing pipeline construction employees promises a minimum of about 2,100 person years of union employment. **THE CANADIAN PRESS**

Winnipeg, 1990

Man who killed ex-roommate dies in B.C. prison

A man who killed his former roommate in Winnipeg almost 24 years ago has been found dead in his cell in Abbotsford. The Correctional Service of Canada says Grant Valouch was unresponsive in his cell at the Pacific Institution. Valouch was serving a sentence for the second-degree murder of Randall Lanthier. **THE CANADIAN PRESS**

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Province's ambulance service defends slower response times

Ambulances wait outside St. Paul's Hospital in downtown Vancouver on Tuesday. MATT DESOUZA/METRO

Prioritizing calls. Fire dept. frustrated with lack of consultation

EMILY JACKSON
emily.jackson@metronews.ca

Ambulance wait times are up for falls and trauma and minor car accidents, but the controversial decision to downgrade the response to these scenarios hasn't hurt patients' health.

That was the case made by B.C. Emergency Health Services (BCEHS) officials on Tuesday at a news conference defending the move to stop sending ambulances with sirens blaring to 38 types of calls.

Fire chiefs and mayors across Metro Vancouver, specifically in Surrey, Vancouver and Burnaby, say the changes made without consultation in November have left first responders hanging at the scene while frustrated patients and their families wait up to two hours for an ambulance.

But first responders in the downgraded scenarios — typically firefighters — simply provide "comfort care" and don't really need to be there based on the outcomes, said BCEHS board chair Wynne Powell.

They don't have the training to treat people and can't legally transport them, so it might save municipalities money if they didn't show up, argued BCEHS officials.

The changes have freed up resources to improve response times for patients in dire need and have only increased wait times for less-pressing calls by an average of 10 minutes in the Lower Mainland and have not changed patient health outcomes.

But not showing up doesn't solve the heart of the problem, Vancouver fire spokesman Capt. Gabe Roder said.

Working out the kinks

"What we don't want is for fire ... to be sitting waiting ... because a call has been possibly not coded properly."
Vancouver fire spokesman Capt. Gabe Roder

"What if it was your parent, your husband, your daughter or son, if they needed someone right away," Roder said.

"What we don't want is for fire to arrive on scene and to be sitting waiting for a long period of time because a call has been possibly not coded properly."

The fire department plans to participate in consultation with the BCEHS, which will review the response time data since it made the changes.

Sandy Charlie's killer still waiting to learn fate

A man convicted in a killing dating back nearly 15 years will have to wait a few more weeks to find out how long he'll spend behind bars.

Rob Smith, 46, was found guilty last month of one count each of manslaughter and interfering with a dead body stemming from the December 1999 death of Sandy Charlie in Lytton, B.C.

Charlie was 48 when he went missing. Smith was suspected in his disappearance as early as 2007, but police did not have enough evidence to make an arrest.

That changed on Sept. 12, 2011, when an excavator doing work on Crown land near Lytton accidentally unearthed Charlie's remains. Months later, RCMP launched a sting targeting Smith.

The four-month operation culminated in a videotaped confession in August 2012. Smith was arrested a few days later and has been in custody ever since.

During Smith's trial in B.C. Supreme Court, the jury watched the videotaped confession of Smith describing the night of Charlie's death to an undercover Mountie posing as a gang leader.

THE CANADIAN PRESS

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Military takes action in east Ukraine

Eastern uprising. First clash since president's 'anti-terrorist operation' announced

In the first Ukrainian military action against a pro-Russian uprising in the east, government forces said they clashed Tuesday with about 30 armed gunmen at a small airport.

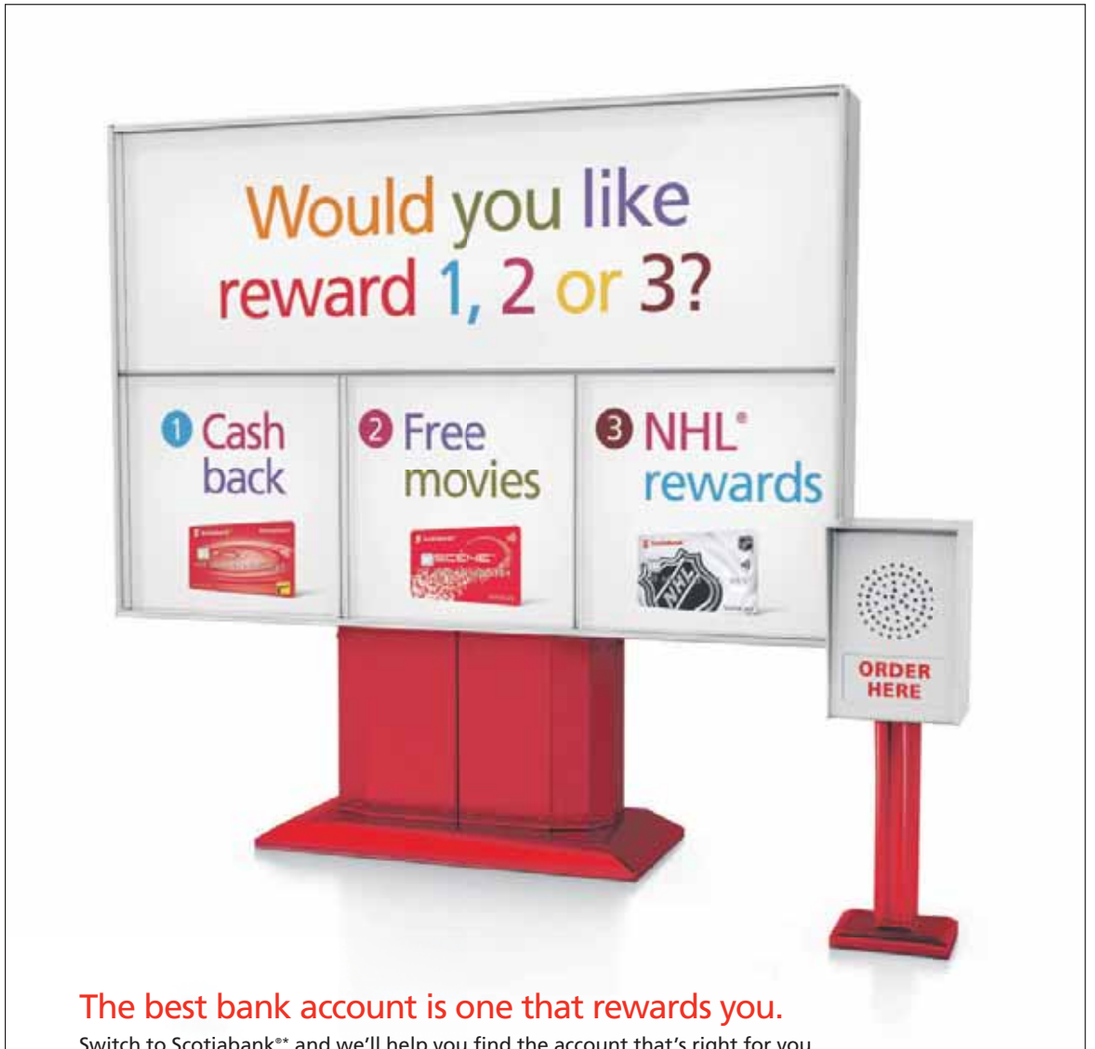
The clash came hours after Ukraine's acting president, Oleksandr Turchynov, had announced an "anti-terrorist operation" against the armed, pro-Russian insurgents who had seized control of numerous buildings in at least nine cities in Ukraine's restive east.

The central government has so far been unable to rein in the insurgents, who it says are being stirred up by paid operatives from Russia. The insurgents are demanding broader autonomy and closer ties with Russia.

The clashes Tuesday came at Kramatorsk airport, just south of the city of Slovyansk, which is 160 kilometres from the Russian border. The city has come under the increasing control of the gunmen who seized it last weekend.

There were conflicting reports of casualties. Russian media, without sourcing, claimed anywhere from four to 11 casualties at the airport. The Ukrainian government said there were no casualties. THE ASSOCIATED PRESS

Pro-Russian activists make barricades in front of the gate of an airport in Kramatorsk, eastern Ukraine, Tuesday. SERGEI GRITS/THE ASSOCIATED PRESS



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Berlusconi. Former Italian PM sentenced to community service

Silvio Berlusconi ALESSANDRA TARANTINO/THE ASSOCIATED PRESS FILE

Former Italian prime minister Silvio Berlusconi was ordered Tuesday to spend four hours a week helping the elderly to repay society for his tax fraud conviction, a sentence that imposes few restrictions on his campaigning in the upcoming European elections.

The 77-year-old three-time former prime minister cannot run in the elections due to the conviction, but he remains influential in politics as head of the Forza Italia party. His support is also crucial for a constitutional reform to abolish the Senate sought by Prime Minister Matteo Renzi. The two men met on the eve of the court's decision in Renzi's offices, according to Italian media reports.

Berlusconi's four-year sentence for tax fraud was confirmed by Italy's highest court last summer, the first ever against the media mogul in dozens of prosecutions, and reduced to one year under a general amnesty aimed at easing overcrowding in Italian prisons. Due to Berlusconi's age and the relatively short sentence, prison time was never likely. He was, however, booted from the Senate and given a two-year ban on running for elected office. THE ASSOCIATED PRESS

LGBT equality

India recognizes transgender rights

Tuesday issued a landmark verdict recognizing transgender rights as human rights, saying people can identify themselves as a third gender on official documents.

The Supreme Court directed the federal and state governments to include transgender people in all welfare programs for the poor including education, health care and jobs to help them overcome social and economic challenges. Previously, transgender Indians could only identify themselves as male or female in all official documents.

There are an estimated three million transgender people in India. THE ASSOCIATED PRESS

Flight 370

Sub aborts first search mission

A robotic submarine hunting for the missing Malaysian jet aborted its first mission after only six hours, surfacing with no new clues when it exceeded its maximum depth along the floor of the Indian Ocean, officials said Tuesday.

Search crews sent the U.S. navy's Bluefin 21 into the depths Monday to begin scouring the seabed for the missing plane after failing for six days to detect any new signals believed to be coming from its black boxes.

The data collected by the sub was later analyzed and no sign of the missing plane was found, the U.S. navy said. THE ASSOCIATED PRESS

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Last December, the Supreme Court of Canada ruled unanimously that the country's prostitution laws are unconstitutional. The federal government was given a year to decide next steps. In the meantime, "red lights" across the country are operating in a grey zone, as sex workers, local governments and the public wait to see what will happen.

Sex ed: City-run class all about knowledge

For Day 2 of our three-part series, Metro Canada takes a look at how Edmonton has been actively regulating 42 massage parlours in its jurisdiction, with rules about their location, hours of operation and even requiring those who work there to complete a city-run class. We also find out what a massage therapist thinks about establishments that offer rubs, tugs and sometimes more

RYAN TUMILTY
Metro in Edmonton

Every two weeks, another 10 to 15 women join Edmonton's sex trade.

In a city-run information course, they take the last step towards being licensed to work in one of Edmonton's body rub parlours.

After a criminal record check is complete they take part in the three-hour class and become licensed to work in one of the parlours. Sarah Croll, a municipal enforcement officer, is part of the group that oversees these classes that she says give out fundamental information sex workers need.

"Knowledge is really important for those who have either never worked in the industry before or workers who just were never told," she said.

In addition to tutorials on bylaws and provincial employment standards, class attendees can also get tips on declaring income and taxes.

Kate Quinn, from Edmonton's Centre to End All Sexual Exploitation, says the class is a way of making sure the women entering the parlours know their rights.

"We are able to inform them about what they are getting into, so kind of eyes wide open, these are the realities and here are some facts," she said.

Quinn said women entering the sex trade often don't understand that they have rights.

"You have the right not to be sexually assaulted and this is what sexual assault looks like," she tells the women in the class. "You have rights if you become a victim of crime."

Croll regularly visits the city's licensed parlours to introduce herself to women in the industry, hopeful that this familiarity will make it easier for individuals to come to her and other enforcement officers for help later, if necessary.

"It's a really good chance for us to build a relationship before we actually venture out into the studios," she said.

Enforcing the law

All Body Rub Centres in the City of Edmonton
must adhere to the following regulations as
specified in the Business Licence Bylaw 13138:
Edmonton
For emergencies, call 911

Garry Dziwenka, Edmonton's director of licensing, holds up the poster that must be visible in the city's body rub parlours. The posters have information for sex-trade workers on resources they can turn to, along with rules on how parlours must be run. RYAN TUMILTY/METRO IN EDMONTON

Working to prevent exploitation

In 2009, Edmonton police laid the first human trafficking charges in the city's history after three women were discovered working under extreme conditions at a local body rub parlour.

Located on the north end of the city, Sachi Professional Massage and Spa was raided by police, who called the conditions of the victims "modern-day slavery."

Ranging in age from 21 to 41, the three women worked and slept in the same room in the parlour, which was open 24 hours a day, seven days a week. City regulations have since changed, limiting the hours of operation at body rub parlours to 7 a.m. to 11 p.m.

According to police, the women came to Canada legally from Beijing and Fiji after answering a newspaper ad for a job in the massage industry.

While three people were charged in connection to the case, ACT Alberta, an advocacy group that works with police and other local stakeholders to address human trafficking in the province, reported all charges were dropped because victims refused to testify.

LEAH GERMAIN/METRO IN EDMONTON

Under the law. 'It's just another licence'

Despite the recent Supreme Court of Canada decision, selling sex is still illegal in Canada. Yet in some of Edmonton's massage parlours, it's happening every day.

The city runs classes for body rub workers, regulates where businesses can be located and their hours of operation.

"The topic may generate people's strong opinions, but it's just another licence that we issue," said Garry Dziwenka, Edmonton's director of licensing.

He says the city's bylaws aim to keep workers safe above all else.

"The City of Edmonton has put in a progressive legislative model that focuses on the safety of the workers and the safety of the neighbourhoods."

The regulations call for criminal record checks and require at least two people to be working at each establishment at any given time. Parlours also must be at least 100 metres away from schools and daycare centres.

Municipal enforcement officer Sarah Croll, along with an Edmonton police officer, visit each licensed parlour at least once a month.

"We will go out to every single one of them and we will spend time checking the licences, making sure that everyone who is there is licensed to be there," she said.

"It's a very transient type of industry so we want to make sure that our list matches their list and we know where people are working should we need to get a hold of them," she said.

RYAN TUMILTY/METRO IN EDMONTON

Legit massage therapists rubbed the wrong way

Separating legitimate from intimate. Illicit body rub biz puts sexual pressure on some masseuses with above-board practices

The massage therapists association of Alberta says having sex-fuelled parlours can create workplace dangers for legitimate masseuses. ISTOCK IMAGE

Legitimate massage therapists say they are tired of people assuming their work comes with the same "happy ending" that body rub parlours offer.

Chandra Kastern, the assistant executive director of the massage therapists association of Alberta, said her industry faces demands for sexual services that no other health professional faces.

"You don't go to a chiropractor and expect that or any number of other professions that involve an individual relationship," she said.

She said massage therapists get customers who expect sex to be part of legitimate massage. It creates concerns and safety risks.

"We work in isolation so a lot of times you have an individual practitioner either in a business or a home, working on their own," she said.

She said the industry also has to deal with the stigma created by the blurred line.

"When people hear 'massage parlour,' they immediately think of the less-than-above-board practice, and that stigma is what continues to drive members of the public who are looking for those adult entertainment services into our businesses."

During the 2011 federal election campaign, it was reported that then-NDP leader Jack Layton was found in a Toronto massage parlour during a police raid 15 years earlier. The worker in the parlour was a registered massage therapist, and the event prompted an open letter from massage therapists across the country.

"The insinuation that a massage therapist is anything but a health professional does nothing to validate or improve the image of the profession in the public psyche," read the letter.

Kastern said the best solution to this problem would be for massage therapists to be regulated in all provinces, as they currently are in New Brunswick, Newfoundland, Ontario and British Columbia. She said registration would allow them to better draw a line.

Kastern said that if massage therapists were regulated they would be able to stop people who aren't trained from calling themselves therapists and find other ways to create clearer lines between the two industries.

RYAN TUMILTY/METRO IN EDMONTON

Up next in the series

Tomorrow

We talk to one man who visits Edmonton's massage parlours and why he thinks it's cheaper than dating. We also speak to those who live nearby.

• **Online:** If you missed the first day of our series, visit metronews.ca/features/massage-parlours to read our interview with Elizabeth, a massage parlour worker who goes by the name Roxy when she is on the job, and our interview with a body-rub parlour owner.

Have your say

Curious what regulations exist in your city when it comes to body rub parlours? Visit metronews.ca/features/massage-parlours for an interactive map with highlights of your local bylaw.

- Parlours can be found across Canada, maybe even close to your home. Follow us @metropicks and give us your thoughts on these businesses, their workers and those who visit them.
With the government looking at prostitution laws, now is your time to be heard.

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options COMMUNITY SERVICES

Saskatchewan. Mountie faces sexual assault charges in 1982 case

A senior RCMP officer has been charged with sexual offences involving a 12-year-old girl more than three decades ago.

Saskatchewan RCMP said Insp. Ronald Makar faces one count of sexual intercourse with a female without her consent and one count of having sexual intercourse with a female under the age of 14.

The charges are based on the 1982 Criminal Code and would be equivalent to sexual assault today.

"Allegations like these are disturbing when made against a member of the general public," Supt. Alfredo Bangloy said at a news conference in Regina Tuesday.

"For a serving police officer to be facing charges like these is extremely disturbing."

Makar has been a Mountie for 34 years. He was arrested Tuesday morning at the Wood Buffalo detachment in Fort McMurray, Alta., which he has commanded since 2012. He has been suspended with pay.

Bangloy said a woman filed a statement last year alleging that she was assaulted in the summer of 1982 by a man and a woman "who were involved in a romantic relationship."

The woman, Constance Haduik, is charged with one count of indecent assault of a female person. She was arrested at her work in Kyle, Sask., last Thursday.

Bangloy would not say how the three were connected.

Makar worked as a constable at the Carlyle, Sask., RCMP detachment in 1982.

Most of Makar's service was in Saskatchewan.

He also worked in Kyle, Fond du Lac, Regina, Milestone and Saskatchewan RCMP division headquarters in Regina.

The accused will appear in court on June 4 in Carlyle.

RCMP said if convicted, Makar would face an RCMP Code of Conduct review that could result in his dismissal.

THE CANADIAN PRESS

Nova Scotia

Making their own beer and wine

People in Nova Scotia would be allowed to make their own wine and beer in so-called U-Vint and U-Brew stores under provincial legislation introduced Tuesday.

Finance Minister Diana Whalen, responsible for the Liquor Control Act, said this would allow licensing stores to ferment on premises. "We know this is a service that Nova Scotians want," said Whalen.

THE CANADIAN PRESS

U.S.-Russia in space

Space station avoiding politics

The head of the Canadian Space Agency, Walt Natynczyk, says sanctions taken against Russia for its invasion of Crimea are not affecting operations on the International Space Station.

"We're just going to focus on continued success with the responsibilities that Canada has," he said.

THE CANADIAN PRESS

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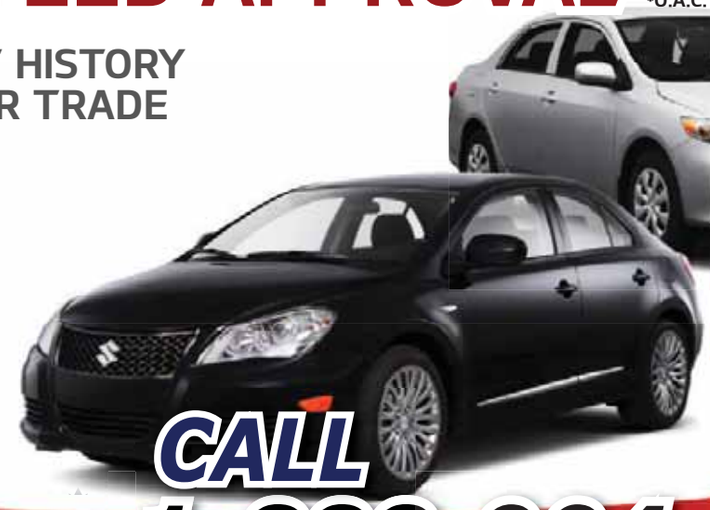

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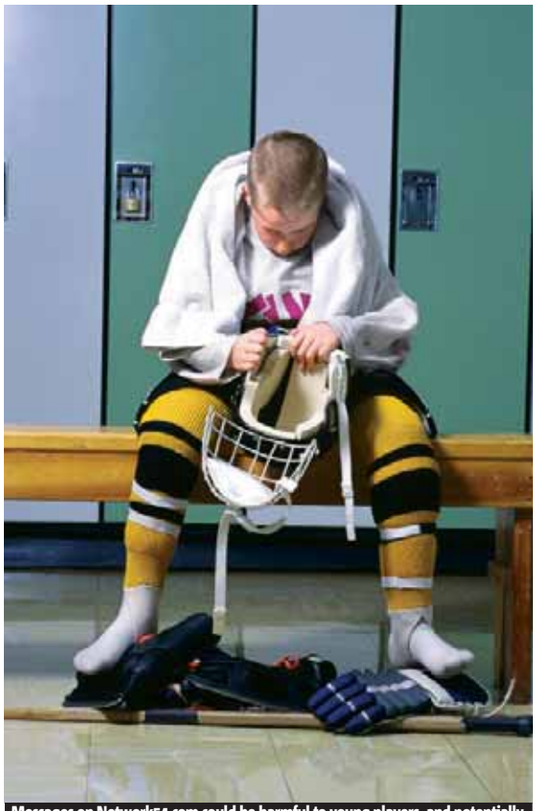

Messages on Network54.com could be harmful to young players, and potentially influence their decision to stay in the game, an expert says. GETTY IMAGES

Hockey parents take to forums to criticize kids

Online vitriol. Ontario hockey forums are awash with nasty comments from parents criticizing young players

"How can a fat, out of shape dad have a kid who is a real athlete? Not likely."

Hockey parents in Ontario have taken to an online forum to bully young players with nasty comments such as the one above, and back-and-forth banter harshly criticizing their skill.

Network54.com is a free message board website filled with everything from basketball and hockey tryouts to video game forums, but several threads posted by Ottawa hockey parents have gotten downright nasty.

One post criticizes an elite-level teenaged female AA hockey player, arguing she doesn't belong on a certain Ottawa hockey team.

"But Daddy and Mommy have pumped her head up so much that she can barely get a helmet on," the anonymous post read. Another thread entitled "AA parents who think their kids is AAA" calls out another young player as getting a "free ride," on a AAA team.

"What you have is a loser kid who can't make a team on his own merit," one post read.

Others were so shocking they were not fit to print.

Ontario Hockey Federation (OHF) executive director Phillip McKee has been aware of the site for years, but because it's anonymous and based out of California, there is nothing his organization can do.

McKee said that the OHF has suspended parents and players in the past for making inappropriate remarks via Twitter or Facebook.

Hockey parent and coach Sam Seymour has three children who play hockey — one who plays AAA in the Outaouais. He said there are similar sites in Quebec and the nasty banter is just as ugly on those sites. He noted he would hate for parents to be talking about his children the way they have been about others.

"The interactions in the rinks are crazy enough that I don't know why we want something else to facilitate it," said Seymour.

Metro set up an account on the site and reached out to the parents, but nobody came forward.

The Ontario Minor Hockey Association is introducing a mandatory "Respect in Sport" for hockey parents in the province for the 2014-15 season and although Seymour said awareness is never a bad thing, he's not so sure it will change much.

"Taking a course doesn't change a person's innate behaviour, but hopefully it makes them more aware and I think people are becoming more aware of where the lines are," he said.

TREVOR GREENWAY/METRO IN OTTAWA

Sports psychology

Impacting confidence

An Ottawa developmental psychology professor says a hockey forum for parents that targets young players could be the trigger that makes them leave the game.

Associate Prof. Anne Bowker, at Carleton University, did a study on hockey parents five years ago, attending 70 games and noting what parents were saying. While most parents were positive, a "small minority" of aggressive parents were shouting. She added that parents expressing negative comments can impact how kids feel about themselves and whether they continue to play. TREVOR GREENWAY/METRO IN OTTAWA

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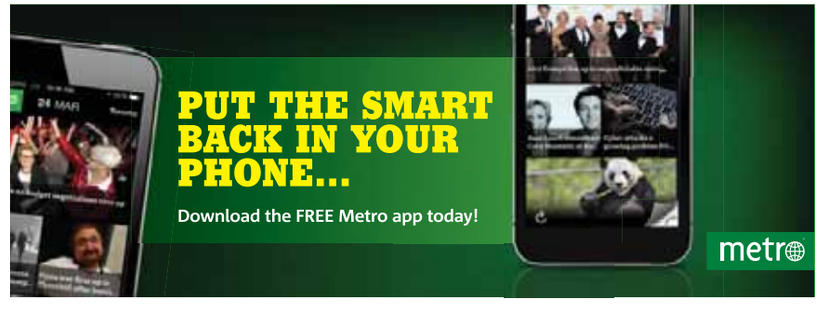

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‘Worst mass murder in Calgary’s history’

Celebration turns into tragedy. Cop’s son charged as city reels from house party stabbing spree that left five people dead

Calgary police talk to potential witnesses regarding the multiple fatal stabbings in Calgary on Tuesday.
LARRY MACDOUGAL/THE CANADIAN PRESS

The son of a senior Calgary police officer has been charged with five counts of first-degree murder in connection with the stabbing deaths of five young people, believed to have been celebrating the end of the University of Calgary’s winter semester.

“This is the worst mass murder in Calgary’s history,” Calgary Police Chief Rick Hanson told reporters on Tuesday.

The suspect, 22-year-old Matthew Douglas de Grood, is the son of a 33-year member of the Calgary Police Service, confirmed as Insp. Doug de Grood. Hanson told reporters he spoke with the suspect’s father, who said he and his wife are heartbroken.

“They are now feeling so much sorrow … Those young people are dead and they are absolutely devastated.”

Police officers were first called to a house party in the city about 1:20 a.m. Three people were found dead at the scene, while two more died in hospital.

Hanson said the victims included a 22-year-old man, a 23-year-old woman, two 23-year-old men and a 27-year-old man. An EMS spokesperson said at least one other partygoer was injured, but was taken to hospital in stable condition.

“Every Calgarian is shaken to the core by what has happened here,” Calgary Mayor Nenshi said. “Our thoughts and prayers are with the young people we lost today, and with their families and friends and certainly the university community.”

Two of the dead have been identified by friends as Zackariah Rathwell and Josh Hunter, both members of a band called Zackariah & The Prophets.

Rathwell and Hunter, were both friendly and talented guys, said Jesse Northey, who helped produce the band’s first album.

“It’s a shame and it breaks my heart,” he said.

Elsewhere, four people have been injured in a apparently random stabbing incident at a downtown shopping centre in Regina.

Police say three people were taken to hospital and one person was treated at the scene and released. Police say a male youth is in custody.

JEREMY NOLAIS, ROBSON FLETCHER & BRYAN WEISMILLER/METRO IN CALGARY, WITH FILES FROM THE CANADIAN PRESS

In shock

“This is not something that happens here.”
Calgary Mayor Naheed Nenshi

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WESTJET

Senate scandal

PM’s former chief of staff won’t be charged by RCMP

RCMP officials say Nigel Wright, former chief of staff to Prime Minister Stephen Harper, won’t face criminal charges in connection with the ongoing Senate expenses scandal.

Investigators now say the evidence gathered “does not support criminal charges” against Wright.

THE CANADIAN PRESS

Samsung's latest smartphone blooms

People watch an advertisement for Samsung's Galaxy S5 smartphone in Seoul on Tuesday. Samsung Electronics Co. released its latest Galaxy S5 smartphone and wearables in 125 countries around the world last week. AHN YOUNG-JOON/THE ASSOCIATED PRESS

San Fran to legalize it ... short-term rentals that is

Airbnb. Whether it's legal or not, residents are renting out their homes, so now the City by the Bay aims to impose some rules

Legislation set to be unveiled in San Francisco would make it legal for city residents to rent out their homes on sites such as Airbnb, but only if they have liability insurance and meet other requirements, a newspaper reported.

Supervisor David Chiu was expected to unveil the legislation on Tuesday, according to the San Francisco Chronicle. Short-term rentals are currently banned in San Francisco.

On its website, Airbnb warns hosts to be aware of the laws in their city, noting that some restrict people's ability to host paying guests for short periods. Chiu's bill would lift the ban in San Francisco, but also impose regulations. It was applauded by some tenants' groups. Advocates for property owners, however, said it would not address their concern that short-term renters could pose a safety and health risk to other tenants.

THE ASSOCIATED PRESS

CRA

NDP demand answers on Heartbleed bug

Two New Democrat MPs have written to the minister in charge of the Canada Revenue Agency asking her to explain what they say are discrepancies in the timeline of the Heartbleed security bug.

The NDP's Charlie Angus and Murray Rankin put several questions to National Revenue Minister Kerry-Lynne Findlay about the CRA. THE CANADIAN PRESS

Market Minute

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HALLELUJAH STILL STRIKES A CHORD

JUST SAYIN'

Paul Sullivan
metronews.ca

What is it about Hallelujah?

I'm not talking about Handel's Christmas chorus, but the wonderful (if mournful) Leonard Cohen song that has been covered more times than the national anthem.

There are more than 300 known covers, and now there's one more thanks to a surprise wedding version performed earlier this month by an Irish priest that has generated more than 26 million YouTube views.

The Pope would like those numbers. In his dreams.

Father Ray Kelly has a melodious voice and his performance, standing at the altar, is quite straightforward and lovely, mercifully free of devotional histrionics. At the end of it, he gets a standing ovation from the parishioners.

Ironically, the original is anything but holy, unless you mean Holy Cow!

Verse 2:

"Your faith was strong but you needed proof/You saw her bathing on the roof/Her beauty in the moonlight overthrew ya.

"She tied you to a kitchen chair/She broke your throne/And she cut your hair/And from your lips she drew the Hallelujah."

And that's just the part we can repeat in a family newspaper.

Obviously, Father Kelly's lyrics are more matrimonial, but his voice still captures the rapture of the magnificent chorus that the now-deceased singer Jeff Buckley first nailed in the first cover version all the way back in 1994. The original, recorded way back in Cohen's wry, dry monotone, inspired no one but connoisseurs of clever lyrics, but since Buckley's cover, it's gone on to sell more than a million digital copies, has been ranked number 259 on Rolling Stone's 500 Greatest Songs of All Time, and a British poll of 50 songwriters listed it among the top 10 tracks of all time. John Legend, no stranger to soulful music, calls the Buckley version "one of the most beautiful pieces of recorded music I've ever heard."

What is it about this song? Is it that "secret chord/That David played and it pleased the Lord?" Or is it the fact that Cohen rewrote the song 80 times, at times banging his head against the floor. It got to him, too.

It got to Bob Dylan, Neil Diamond and k.d. lang. It got to various American Idol, X Factor and The Voice contestants, and it got to the music producers of half the soundtracks of half the shows on TV.

It got to the Maccabeats of Yeshiva University. And it got to Father Ray Kelly at a wedding in Ireland.

In a way, it's the Hallelujah Chorus of our time: bitter, mournful, ironic, haunting … and redeeming.

The last verse sends chills down my spine:

"I did my best/It wasn't much/I couldn't feel so I tried to touch

"I've told the truth/I didn't come to fool ya

"And even though it all went wrong/I'll stand before the Lord of Song

"With nothing on my tongue but Hallelujah.

Hallelujah."

ZOOM

Sun, moon, Earth align

SCOTT BARBOUR/GETTY IMAGES

Skywatchers catch rare 'blood moon'

Sky-gazers in North and South America, Australia and New Zealand were treated to a full lunar eclipse — at least those fortunate enough to have clear skies.

The moon was eclipsed by the Earth's shadow early Tuesday, beginning around 1 a.m. EDT for 5 1/2 hours. The total phase of the eclipse lasted just 78 minutes.

For some, the moon appeared red-orange because of all the sunsets and sunrises shimmering from Earth, thus the name "blood moon."

THE ASSOCIATED PRESS

From bottom left to top left: The moon's transition during a total lunar eclipse. JOE RAEDLE/GETTY IMAGES

Did you miss it? Next total eclipse is Oct. 8

- It's the first of four eclipses this year and the first of four total lunar eclipses this year and next. The latter is a rare lineup; the next so-called tetrad of total lunar eclipses won't occur until 2032-33. In the meantime, get ready for a solar eclipse in two weeks.

METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 12 in News, page 15 in Scene, page 18 in Life, page 22 in Work/Education, page 24 in Sports, and page 27 in Drive.

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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

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MetroTube

Jenga game is larger than life

ANDREW FIFIELD
metronews.ca

I once had the dimly recalled experience of playing a drinking game version of Jenga where each block assigned you a stupid human trick to perform. Eventually, the novelty wore off and it gradually devolved into a game of classic Jenga, only louder. Years later, the realization strikes about how that game could have been improved. Heavy machinery! Not combined with the alcohol of course, but as this Caterpillar stunt proves, serious training can make even Earth-shaking technology a party game championship contender.

CAT PRODUCTS SCREEN GRAB

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SCENE 2

Coming back to haha-haunt you

Killing 'em with laughter. Hollywood hasn't always cared for a shot of humour with its horror

IN FOCUS
Richard Crouse
scene@metronews.ca

If the Paranormal Activity movies curdle your blood and The Conjuring kept you up at night, perhaps A Haunted House 2 will be more your style. A humorous hybrid of horror hits, it stars Marlon Wayans and Jaime Pressly in a sequel to the popular (but critically lambasted) 2013 comedy.

According to IMDB, in the new film Wayans has "exorcised the demons of his ex" and is trying to start his life anew with his girlfriend. Unfortunately his new house turns out to be haunted and, even worse, his back-from-the-dead ex has moved in across the street.

It's all played for laughs — and will likely not give audiences nightmares — but it would be interesting to know how the makers of movies like Sinister, The Possession, and Insidious feel about having their movies made fun of.

Some filmmakers are flattered.

Night of the Living Dead icon George A. Romero enjoyed the zombie takeoff Shaun of the Dead so much he asked star Simon Pegg and director Edgar Wright to appear in Land of the Dead. The duo can be seen chained up in a 12-second cameo under a sign that reads Take Your Picture with a Zombie during the film's carnival sequence.

But not everyone gets the joke.

Cedric the Entertainer, left, and Marlon Wayans in A Haunted House 2. CONTRIBUTED

Years ago Boris Karloff made it known he wasn't very happy about a horror comedy. He was approached to play the monster in Abbott and Costello Meet Frankenstein, but declined because he felt the duo's brand of slapstick would be an insult to horror movies. Nonetheless he did some promo for the film — there are publicity pictures of him buying tickets at the box office — and later appeared in Abbott and Costello Meet the Killer, Boris Karloff and Abbott and Costello Meet Dr. Jekyll and Mr. Hyde.

Another horror legend said yes to Meet Frankenstein but no to the comedy. The movie was the only other time Bela Lugosi played Dracula on the big screen and he played it straight.

"There is no burlesque for me," he said. "All I have to do is frighten the boys, a perfectly appropriate activity. My trademark will be unblemished."

Finally, the movie Young Frankenstein gave overdue credit to an old-time movie studio technician. When Mel Brooks was prepping the film he discovered that Ken Strickfaden, the designer of the "mad scientist" electrical machinery in the Universal Frankenstein films, had all the equipment from the original movies stored in his garage. Strickfaden agreed to rent Mel the props and received a screen credit, which he hadn't been given on the original films.

That's scary stuff, kids

"There is no burlesque for me. All I have to do is frighten the boys, a perfectly appropriate activity. My trademark will be unblemished."

Bela Lugosi on reprising the role that made him famous, playing Dracula straight in the 1948 horror comedy Abbott and Costello Meet Frankenstein.

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Clearing the Aaron missing Nick's nuptials

Aaron Carter

Aaron Carter was a no-show at big brother Nick Carter's wedding in Santa Barbara last weekend, but it wasn't for lack of trying. "Aaron had a contract to appear at the Cherry Blossom Festival in D.C. before Nick set his wedding date. Even though he was obligated to fulfill his contract, Aaron still wanted to make the wedding," his rep tells E! News. "There was a team of six people who worked to put together a plan to get him to Santa Barbara by the reception so he could at least participate in the celebration. He was on his way when his US Airways plane experienced mechanical difficulties in Pittsburgh and they became grounded there. So he never made it. Aaron was legitimately busting his ass to make it to his brother's wedding. He felt awful and had every intention of being there."

Andrew Garfield ALL PHOTOS GETTY IMAGES

Garfield feels the great responsibility of filling out those tighty-Spideys

Andrew Garfield's Amazing Spider-Man costume is so skintight, he feels nearly naked — which is fine by him. "I love being naked," he tells Metro U.K. "It's important to be naked and be in touch with our bodies and not have shame about what we're made of. I love being in touch with nature and my own nature." Then there's the issue of how much the form-fitting Spidey suit reveals in certain delicate areas, something Garfield admits was given a lot of thought. "It takes a lot of consideration because you don't want it to be underwhelming," he joked during a TV interview in Australia recently. "You don't want it to intimidate, and you don't want it to (do) the opposite of intimidate. So yes, there is thought. But ultimately you have to trust that what you have is enough."

Kelly's plans go Paris-shaped

Kelly Osbourne

Apparently there was some major drama during the first weekend of the Coachella music festival as Kelly Osbourne took to Twitter to call out Paris Hilton for an icy encounter. Sources tell Us Weekly that the bitterness started when Hilton and her posse showed up at a VIP event and asked the organizers if they could have the table where Osbourne and her crew were sitting. The organizers asked Osbourne to move upstairs, which she did. Osbourne later tweeted at Hilton, "Please grow up. There is no reason to act like a child. You could of happily joined us! It's not 2005, no one cares."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Upton pays clip-on service to her boobs

MELINDA TAUB
Metro World News

Kate Upton has such an amazing body that people keep putting it on icebergs and sending it to space. Doesn't matter where you put it: She looks amazing in a bikini, parka or while weightless or, I assume, in a volcano, which is probably next. But Kate Upton herself is tired of her breasts. Probably because she has to follow them onto icebergs and into space.

"I wish I had smaller boobs every day of my life as I love to wear spaghetti tops braless or go for the smallest bikini designs," Upton told the U.K. Sun (via Page Six).

"Every single day, I'm like, 'Oh, man, it would be so much easier,' especially if people didn't constantly bring them up."

Not that Upton hates her 34Ds all the time. She just wishes they were optional. "If I could just take them off like they were clip-ons," she says.

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— the art of finding the perfect fit —

See that symbol? It means you can scan this image with your Metro News app to see a gallery of tantalizing images from southern Italy

LIFE 3

Touring the bottom of the boot

Southern Italy.
All you need is a little wanderlust and wine to enjoy this beauty

AMBER SHORTT
amber.shortt@metronews.ca

If you can stomach the winding roads, the Amalfi Coast pays out in breathtaking views. PHOTOS: AMBER SHORTT/METRO

Southern Italy may be known as the birthplace of pizza, but a tour down the boot offers a culinary, historical and esthetic experience that goes far beyond a bit of crust and marinara. For travellers hungry for an excursion away from the travel guide must-dos, the Amalfi Coast and Apulia regions are perfect for the Italian enthusiast.

The Amalfi Coast

Those who can stomach the winding narrow roads and steep cliffs of the Amalfi Coast will be treated to beautiful, unspoiled views of the Mediterranean. Lush in greenery, the region is spotted with vertically built farms, quaint towns and pebble beaches. There is even an island or two off the azure horizon.

Eat and stay: Plenty of hotels dot the coastline, including the Hotel Delfino, which looks onto the island of Capri. Stop in the town of Amalfi for lunch on the beach at the Marina Grande restaurant.

What to do: Take in a concert at the Villa Rufolo in Ravello. The area inspired Wagner's final opera Parsifal and the stage looks over the coast; join a tour group for lunch at La Sorgente Farmhouse (they don't do private bookings) and see how a real Italian mamma makes mozzarella.

The labyrinth of Matera

It may seem like you are lost in the middle of nowhere, but historic Matera's maze of walls and corridors is worth the trek off the tourist routes, especially for an '80s kid who dreamed of chasing David Bowie's Goblin King from the film Labyrinth. From the paleolithic era right up to the 1960s, locals inhabited the Sassi di Matera (meaning "stones of Matera") — ancient cave dwellings along a canyon below the city. Some of the caves have been turned into museums, while others now house luxury hotels and restaurants.

Eat and stay: Take advantage of the city's history and stay at the Sant'Angelo Luxury Resort, which overlooks the canyon and caves. Matera is full of hidden cafés and restaurants — many in caves — so you can literally find your own hole in the wall.

Time travel in Otranto

It may be located at the heel of Italy's geographic boot, but don't hold that against Otranto. The city's castle, surrounding wall and cathedral are made of sandstone, pockmarked by age and weather. Brush your hand against the stone and tiny bits will brush away. The town has changed hands many times throughout history, and its cathedral houses the bones of more than 800 martyrs who were beheaded for not denouncing Christianity during Ottoman rule in the 1400s.

Indulge in Lecce

While the town has a distinct laid-back style — men in blazers and caps ride by on bicycles and well-dressed women walk the city cobbles in flats — Lecce is a feast for the stomach rather than the eyes. The Apulia region is known for its fish and fave e cicorie selvatiche (a tasty fava bean and chicory soup) found on most menus. The real treat is a regional dessert called pasticciotto: a crunchy-sweet pastry filled with creamy lemon custard.

Where to eat: Try a pasticciotto at the Pasticceria Luca Capilungo, which faces the ancient ampitheatre. For dinner, fill up on appetizers at the Osteria Degli Spiriti.

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Bucket List

San Juan, Puerto Rico

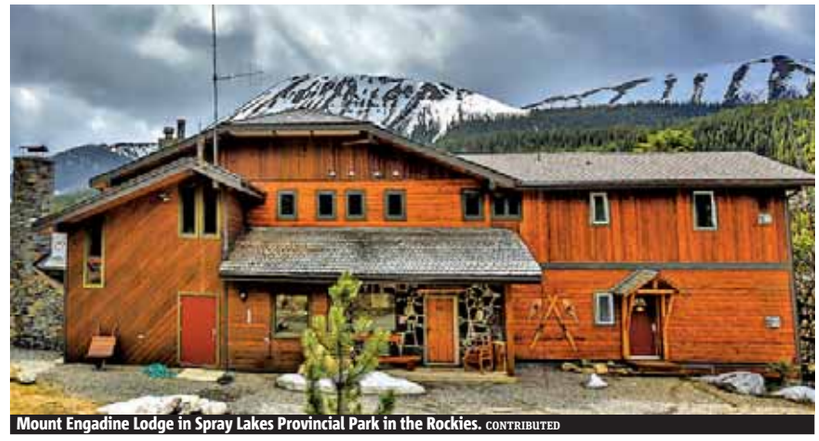
Beautiful beaches, great food, rich history, secluded places to escape to, an actual café society and amazing scuba diving — what's not to love about Puerto Rico? This U.S. territory enjoys a steady rise in popularity, as people cotton on to the fact that the capital of San Juan is an excellent spot to anchor a week away. And while there are some really great hotels, including La Concha Resort on Condado Beach and La Terraza in Old San Juan, renting a condo is also an excellent option. Make the fresh seafood mofongo your order of the day. Now is a good time to visit, before it gets too hot.
DOUG WALLACE/METRO

Hotels show it can be easy being green

Earth Day. Across Canada, lodges are cleaning up their acts. Here are a few of the sustainability stars

ON THE MOVE
Loren Christie
life@metronews.ca

In recognition of the upcoming Earth Day (April 22), I salute four hotels across the country that are doing their part for the environment.



Mount Engadine Lodge in Spray Lakes Provincial Park in the Rockies. CONTRIBUTED

Element Vaughan Southwest

Built green from the ground up, Element Vaughan Southwest is a 152-room extended stay hotel just outside Toronto.

Powered by 100 per cent renewable energy, the hotel has taken every opportunity to minimize its footprint. All guest rooms are equipped with recycling bins, flooring made from recycled tires and soy-based fabrics. The bathroom faucets are low-flow and the en suite kitchens feature filtered water and energy efficient appliances. The fitness centre has a stationary bike charging station, which powers up personal electronic devices while guests exercise. A complimentary Bikes-to-Borrow program encourages travellers to get out and enjoy the fresh air.

Auberge Le Baluchon

Located in Quebec's Mauricie region, the 88-room Auberge Le Baluchon is a standout for seamlessly incorporating itself into a stunning natural setting. The executive chef takes pride in the fact that the food is locally sourced. In winter, outdoor enthusiasts can go dog sledding, Nordic skiing or skate on the Du Loup River, a five-kilometre long outdoor skating rink. In summer, options include canoeing, horseback riding or mountain biking. Every activity requires nothing more than your own steam, or perhaps a little horsepower.

Mount Engadine Lodge

You can't get much more off the energy grid than Alberta's Mount Engadine Lodge. Nestled in Spray Lakes Provincial Park in the Rocky Mountains, guests will notice right away the lack of in-room televisions and refrigerators. Behind the scenes, the lodge limits its power usage by using a generator and rechargeable batteries to power energy efficient light bulbs and appliances. A state-of-the-art waste treatment system uses oxygen to break matter down and UV lights to purify it. The bathrooms are stocked with locally made environmentally friendly soaps and all the cleaning is done using environmentally friendly products.

Oak Bay Beach House

The historic Oak Bay Beach Hotel in Victoria, B.C., receives a nod for its recent renovations. Two years ago it was completely rebuilt on the same oceanfront site where the previous hotel stood for more than 80 years, and 95 per cent of the building was saved for re-use or recycled with only five per cent going to the local landfill. The hotel was recognized by LEED (Leadership in Energy and Environmental Design) as a high-performance building and awarded with a Gold level environmental sensitivity designation.

New

In-flight Wi-Fi from Air Canada

Air Canada has started to roll out Internet connectivity across its North American fleet in partnership with Gogo — just think of how much Facebooking you'll be able to catch up on in-flight. The carrier says pricing will be "competitive," but let's see how long it takes for everyone to start whining for it to be free.
DOUG WALLACE/METRO

Event

Flash Forward Festival Boston

Boston's Fairmont Battery Wharf is gearing up for the fourth annual Flash Forward Festival May 1 to 4, an international gathering of photography buffs. The free four-day event is connected with Canada's Magenta Foundation and its annual emerging artist competition for photographers from Canada, the U.S. and the U.K. Visit flashforwardfestival.com.
DOUG WALLACE/METRO

Deals

Half Moon Heaven

Luxurious Half Moon Resort in Montego Bay, Jamaica, is celebrating its 60th anniversary with a Diamond Jubilee package for groups of 15 or more. Book by April 30 for travel between May 8 and Dec. 18, and get four nights in one of the four- to-seven-room villas, all meals and beverages, plus a butler, housekeeper and cook, for about $1100 per person plus taxes. DOUG WALLACE/METRO

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Think outside the dinner box

Mini Vegetable, Ham and Egg Puffs. Borrow from breakfast for dinner

DINNER EXPRESS
Emily Richards
food@metronews.ca

Sometimes breakfast can be considered a comfort food and we all need a little comfort after a long days work.

That's why breakfast for dinner is a popular way to eat fast and healthy.

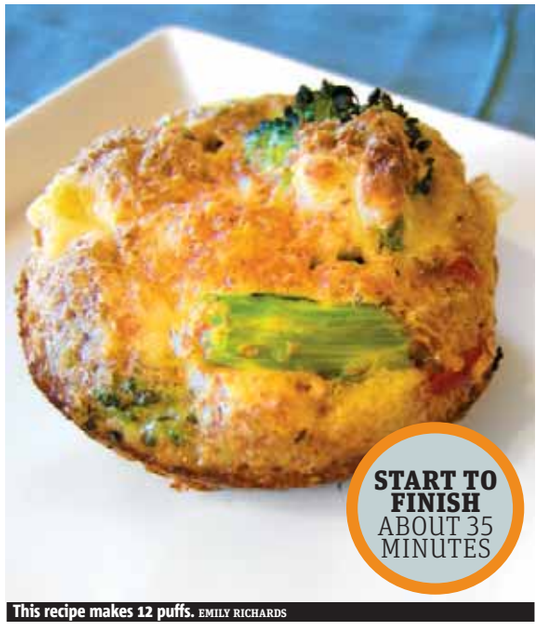
Keeping a pantry of staples is helpful and always having those protein-filled eggs in your refrigerator makes for endless possibilities. For example, with only a few ingredients, you can enjoy delicious vegetables among eggs that are baked. All it takes to round out your meal is salad and crusty bread.

1. In skillet, heat oil over medium heat and cook onion and pepper for 2 minutes or until softened. Add broccoli, ham, thyme and pepper; cover and steam for 3 mins or until tender crisp and bright green. Divide mix among 12 greased muffin tins. Sprinkle cheese over top of veg mix.

2. In bowl, whisk together, eggs, egg whites, milk, bran and whole wheat flour. Pour evenly over vegetable and cheese mixture. Bake in 400 F (200 C) oven for about 20 minutes or until golden, set and puffed. Let cool slightly before serving.

Ingredients

- 1 tsp (5 ml) canola oil
- 1/4 cup (60 ml) diced onion
- Half a red bell pepper, diced
- 1 cup (250 ml) chopped broccoli
- 1/2 cup (125 ml) chopped ham
- 1/2 tsp (2 ml) dried thyme
- 1/4 tsp (1 ml) black pepper
- 1/2 cup (125 ml) crumbled feta cheese
- 4 eggs
- 2 egg whites
- 1 cup (250 ml) skim milk
- 1/4 cup (60 ml) wheat bran
- 1/4 cup (60 ml) whole wheat flour



This recipe makes 12 puffs. EMILY RICHARDS

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See that symbol? It means you can scan the photo below with your Metro News app to see Lynn Roberts at Innergy Corporate Yoga demonstrate a yoga move you can try at work.

Get up, stand up, stand up for your health

Dancing at your desk. With sedentary behaviour at an all-time high in Canada, it's time to make a run for it and get active, even at the office

Feeling the office ouchies? Sneak in a few extra steps on your lunch break.
ISTOCK

While much attention has been devoted to monitoring the activity levels — or lack thereof — among Canadian kids, many of the country's adults are also at risk of spending too many of their waking hours being idle.

With its Sneak It In campaign, ParticipAction is encouraging adults to break up sedentary time spent commuting and sitting in the office.

To help reach that goal, adults are encouraged to take active breaks and boost their fitness levels by "sneaking in" 10-minute bursts of physical activity into their workdays.

According to Statistics Canada's Canadian Health Measures Survey from 2007 to '09, just over 15 per cent of the country's adults were meeting the recommended guidelines of 150 minutes of physical activity a week.

The figures for older children are similarly grim. In its annual report card on the physical activity level of children and youth released last year, Active Healthy Kids Canada revealed that only seven per cent of five- to 11-year-olds and four per cent of 12- to 17-year-olds met recommended guidelines of 60 minutes of moderate to vigorous activity daily.

Walking quickly, skating and bike riding are examples of moderate activities, while running, basketball and soccer are examples of vigorous activities.

StatsCan found that adults spent an average of 9.5 hours a day — or approximately 69 per cent of their waking hours — in sedentary activities, which involve little physical movement and a low expenditure of energy. ParticipAction president and CEO Elio Antunes said long stretches of time spent sitting is detrimental to one's health and it's important for adults to make a conscious effort to incorporate activity throughout the day to help limit potential health risks.

"Too much sedentary behaviour has led to increases in risk of diabetes, even heart attacks, high blood pressure, elevated cholesterol," he said in an interview.

"A lot of people with sore backs is due to long-term sitting. So there's a whole range of health issues that's related to too much sedentary behaviour — specifically sitting — so breaking that behaviour up will contribute to (addressing) those issues."

Antunes said adults can also wear a pedometer and aim to clock 10,000 steps within a day, and can even transform the exercise into a mini-challenge with their colleagues.

Adults don't need to devote lunch hours at the gym to see an uptick in their activity levels but can achieve their target with short bursts of everyday activities "that should get your heart rate going," he noted.

"When you're going out to lunch for that sandwich, maybe take that extra walk for 10 minutes, or park your car a bit further from the front doors or take public transit."

Antunes said he recognized that individuals are busy and that breaking up sedentary time is a challenge within today's fast-paced environment. But it's as essential as carrying out a work assignment and can perhaps be accomplished in tandem with office-related tasks, he noted.

"If you're working towards a deadline, working on a focused project, there are things you can do that (don't) necessarily impact your productivity," Antunes said, suggesting individuals stand rather than sit during phone calls and walk to speak with colleagues face-to-face versus sending emails.

"If you have your weekly management meeting, get up instead of sitting down and that breaks up your sedentary time. Anything you can do to get off that chair."

THE CANADIAN PRESS

Sick from the sit

"Too much sedentary behaviour has led to increases in risk of diabetes, even heart attacks, high blood pressure, elevated cholesterol."

Elio Antunes
Participaction president

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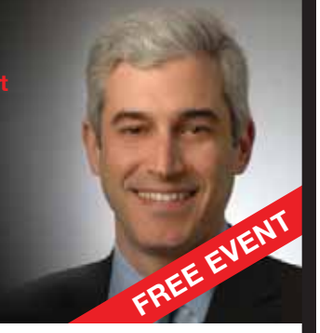
Andrew Winston is a globally recognized expert and speaker on viable sustainability. He is the author of *Green Recovery* and co-author of the international best-seller *Green to Gold.*



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English for professional advancement Wednesday, April 16, 2 & 4:30 p.m. – room 235	Downtown
Hair design & Skin and body therapy (esthetics) Wednesday, April 23, 4:30 p.m. – room 201	Downtown
Hospitality management Wednesday, April 16, 6 p.m. – room 420	Downtown
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SIDNEYEVE MATRIX
TalentEgg.ca

One of the main reasons people switch jobs is a disconnect between their personal goals and the company values.

A professional position misfit leaves you feeling unappreciated and undervalued, every day.

This isn't just about being in a mild state of discomfort.

Research shows being unhappy at work results in more stress, causes a hit to your self-esteem, and interferes with your professional competence.

According to a new report on job satisfaction, millennials (think 20- and 30-somethings) are particularly concerned with having a job that authentically fits who they are. But many people don't find that perfect job right away. Researchers at CreativeLive discovered that a third of currently employed Gen Y workers wish they could jump the corporate ship to find a workplace where they could be surrounded with more creative people. Another third would happily take a salary cut if they could find a job with the opportunities to do meaningful work that has a positive social impact.

At the younger end of the Gen Y cohort, a 2014 survey of 15,000 undergraduate students and new grads showed that finding one's place in a company with the right "people and culture fit" is the number one consideration for millennial job seekers. So how to get the right custom career fit? A combination strategy of conversation and creativity is the answer.

Conversations: Talk to friends

Mining your personal networks is a smart way to land employment that fits.

Even loose ties on LinkedIn or Twitter are important when you're seeking introductions, references, and insider information about job openings. But your closest friends are uniquely important. If your friends (and their friends) have a job they love, that's your first step on the trail toward a job you'll enjoy.

You like your friends for a reason — you probably share similar world views and care about the same things. Beyond happiness, working with friends may result in a productivity boost. Researchers at the London School of Economics found that employees worked harder and got 10 per cent more accomplished in jobs where they worked with friends, especially if those pals were industrious types.

Creativity: Blog your career

"I think having a blog is a great way of showing employers what you can do before you even get to the interview stage," said Rachel Davies, a new graphic design grad from Nottingham Trent University in the U.K. "I definitely think my blog helped me get my internship."

Indeed, "you have to be willing to show who you are," advises Shara Senderoff, founder of InternSushi. Having a blog focused on your industry (trends, news, debates, case studies) communicates volumes to a recruiter about your professional ambitions, creative thinking and skills.

Plus, "it shows them you're more likely to understand their company's values," advises Lynn Finn, an HR pro from the University of Northampton.

In an era of social screening, recruiters will always Google you, and having a great blog can work to "stack the deck in your favour," advises Liz Lynch, author of Smart Networking. "If you're competing with someone who has equal skills and experience," Lynch says, "a blog can be the tie-breaker."

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

THIS ARTICLE IS EXCERPTED FROM SIDNEYEVE MATRIX'S PROFESSIONAL DEVELOPMENT COURSE IN PERSONAL BRANDING WITH SOCIAL MEDIA, OFFERED ONLINE AT QUEEN'S UNIVERSITY.

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25th anniversary

Victims of stadium disaster remembered

The global football community united Tuesday to mark the 25th anniversary of the Hillsborough Stadium disaster in which 96 Liverpool fans were crushed to death during an FA Cup semifinal.

The focal point on a day of commemoration and remembrance was Anfield, where Liverpool players past and present and the families of the victims were among the estimated 30,000 people who attended a moving memorial service. THE ASSOCIATED PRESS

Scan the above image with the Metro News app to see a photo gallery of the memorial service.
CHRISTOPHER FURLONG/GETTY IMAGES

Strong support expected for Boston Marathon

One year later.
Vancouver radio host heading back to site of fatal bombings

CAM TUCKER
cam.tucker@metronews.ca

A two-time participant in the Boston Marathon, Scott Rintoul has felt the encouragement from the crowds of people in the surrounding communities that line the historic 42-kilometre course.

He believes, however, there will be even greater support at the 2014 Boston Marathon as the people of Massachusetts and across the world rally behind the 118th running of the event, one year after two bombs detonated near the finish line, killing three people, injuring another 260 and causing fear and mayhem in the city.

"Every town that you go through, they come out in droves to show their support for the Boston Marathon," said Rintoul, a host on Team 1040 radio, in a phone interview Tuesday.

Survivors, officials, first responders and guests pause as the flag is raised on Tuesday during a tribute in honour of the one-year anniversary of the Boston Marathon bombings. CHARLES KRUPA/THE ASSOCIATED PRESS

"Based on what I've seen out of Boston today, on the one-year anniversary of the bombings, it's going to be an overwhelming show of support."

Tuesday marked one year since the deadly bombings. This year's marathon will take place next Monday.

From out of the tragic events of April 15, 2013, came the resiliency of the city and its people — Boston Strong.

This year's marathon will include 36,000 entrants and 10,000 volunteers, as well as 3,500 total uniform police officers and 450 state police, according to the Boston Athletic Association website.

"It's a tough city too. It's not a city that's going to be kept down," said Rintoul, who requalified for the marathon last year and is returning to this year's event.

Initially, last year, he had no plans to return to the Boston Marathon, until the bombings occurred.

"It was a discussion point that I had with my wife," said Rintoul.

"I said — especially when you have a kid, we hadn't had our daughter yet — but I said, 'What do you think? Should we go back?' And my wife said, 'Absolutely, we should go back. Absolutely.'"

Abbotsford terminates contract with AHL's Heat

The Abbotsford Heat are moving out of the Fraser Valley at the end of this season, as the city has terminated its contentious supply fee agreement with the American Hockey League franchise and the Calgary Flames amid mounting financial shortfalls.

An official announcement was made at a press conference on the concourse of the newly re-branded Abbotsford Centre on Tuesday morning.

"Certainly it's a disappointing day, for myself personally, for our franchise, for our players and coaches, our staff and certainly our fans," Heat president Ryan Walter said.

The Heat began operations in 2009.

One of the biggest criticisms the Heat franchise faced right from its beginning was its attachment to the Flames, an NHL team not fondly looked upon in Abbotsford.

Abbotsford Mayor Bruce Banman said the city has terminated its 10-year supply fee agreement with the Heat and the Flames.

This 2013-14 AHL season marked the fifth year of the agreement; it ensures $5.7 million in guaranteed revenue for the franchise, with the city and its taxpayers responsible for any financial shortfalls.

The city stated in January that the financial shortfall for the 2012-13 season was $1.66 million. The combined shortfall through four seasons was $5.24 million and that number is expected to grow again at the conclusion of this season to $7.2 million.

He added the city will be forced to pay out $5.5 million to terminate the contract.

"There is absolutely no question in our minds that taking this step … is the best scenario financially for our city," said Banman.

CAM TUCKER/METRO

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See that symbol? It means you can scan the photo below with your Metro News app to learn more about some of the interior design features in the 2015 Chrysler 200

2015 Chrysler 200

- **Type.** Four-door, front-/ all-wheel-drive mid-size sedan.
- **Engines (hp).** 2.4-litre SOHC I4 (184); 3.6-litre DOHC V6 (295)
- **Transmission.** Nine-speed automatic
- **Base price (incl. destination).** $24,200

Market position

Chrysler is stepping up its game in the mid-size category with the kind of styling, content and power that will make most sedan shoppers forget all about the automaker's previous Sebring/200 efforts.

Points

- All-new look is right on the money and outclasses many of its competitors
- Base four-cylinder engine delivers impressive fuel economy and the V6 has a reputation for impressive power
- Rotary-dial shifter saves space and de-junks the console
- North American design

and Italian structure makes for an interesting and competitive combo.

Safety

Front airbags; side-impact airbags; side-curtain airbags; front knee airbags; anti-lock brakes; traction control; stability control. L/100 km (city/hwy) 8.4/5.7 (2.4, est.)

Chrysler's high-fashion sedan

PHOTOS: WHEELBASEMEDIA.COM

Compare

1 Ford Fusion
Base price: $24,200
Attractive sedan offers several engine choices, including two hybrids.

2 Nissan Altima
Base price: $25,300
Comfy seats and thrifty I4 make Altima an ideal long-distance traveller.

3 Volkswagen Passat
Base price: $25,400
U.S.-built sedan has I4 and V6 engines plus turbo-diesel.

Review. With a 2.4-litre four-cylinder producing 184 horsepower, the Chrysler 200 has style and substance

MALCOLM GUNN
wheelbasemedia.com

Like some supermodel sashaying down the runway, the Chrysler 200 made its much-anticipated entrance at the 2014 North American International Auto Show in Detroit, Mich., in January.

Was it worth the wait?

If first impressions count, the answer is yes. The Detroit-built high-fashion sedan with its decidedly Italian underpinnings is a far cry from the previous-generation model, both in style and content.

From any angle, the Chrysler 200 has a leading-edge contemporary look that's very easy on the eyes.

The interior is as attractive as the sheet metal, with easy-to-view primary gauges, plus-sized control knobs and optional 21-centimetre touch-screen display (a 10-centimetre screen is the base unit). But what really stands out is the absence of a floor shifter that has been replaced by a console-mounted knob, just like the one in Chrysler's Ram 1500 pickup.

An issue with the previous 200 was the old base four-cylinder engine that was shy on power and fuel efficiency. That has been rectified with a new 2.4-litre four-cylinder that produces 184 horsepower and 173 pound-feet of torque (up from the 173/166 rating of the previous 2.4). The engine, which is standard in Chrysler's Jeep Cherokee and optional in the Dodge Dart, connects to a nine-speed automatic transmission that should help the 200 achieve about 8.4 l/100 km in the city and 5.7 on the highway.

With a totally new car, you get a totally new — and great looking/feeling — interior . . . without a traditional gear changer. Instead, you get a rotary dial.

The nine-speed is also mated to the optional 3.6-litre V6 that's a mainstay in other Chrysler products. This particular iteration makes 295 horsepower and 262 pound-feet.

Although a front-whee drive vehicle, the 200 can be had with all-wheel-drive, but only if the V6 is ordered.

In normal operating conditions, the rear axle is completely disconnected, which Chrysler claims reduces parasitic losses by up to 80 per cent when compared to other systems with their continuously rotating axle shafts. That helps fuel economy and likely saves wear and tear on various drivetrain components.

The BC SUPERSELLERS EVENT

BANG!

They can't leap tall buildings in a single bound, but there are plenty of reasons the Fit, Civic and Accord are best-sellers† in BC.

#1 SELLING SUBCOMPACT CAR IN BC†

2014 FIT DX

Lease for
$67£ 0.99% APR€
$0 down‡
freight and PDI included.

Bi-weekly on a 60 month term with 130 payments.
MSRP $16,130** includes freight and PDI

Model shown: GE8G2EEX

KABOOM!

#1 SELLING COMPACT CAR IN BC†

2014 CIVIC DX

Lease for
$85* 1.99% APR#
$0 down‡
freight and PDI included.

Bi-weekly on a 60 month term with 130 payments.
MSRP $17,185** includes freight and PDI

Model shown: FB2E2EEX

#1 SELLING COMPACT SUV IN BC†

2014 CR-V LX

Lease for
$134Ω 1.99% APR¥
$0 down‡
freight and PDI included.

Bi-weekly on a 60 month term with 130 payments.
MSRP $27,685** includes freight and PDI

Model shown: RM3H3EES

POW!

HONDA

bchonda.com

†The Fit, Civic and CR-V were the #1 selling retail subcompact car, compact car, and compact SUV respectively in BC in 2013 based on Polk 2013 Dec YTD report. ‡In order to achieve $0 down payment, dealer will cover the cost of tire/battery tax, air conditioning tax (where applicable), environmental fees and levies on the 2014 CR-V LX, Accord LX, Civic DX and Fit DX only on behalf of the customer. £Limited time bi-weekly lease offer based on a new 2014 Fit DX model GE8G2EEX. €0.99% lease APR on a 60 month term with 130 bi-weekly payments O.A.C. Bi-weekly payment, including freight and PDI, is $67.49 based on applying $1,100.00 lease dollars and $4 dealer contribution (which are deducted from the negotiated selling price before taxes); and $1,000.00 consumer incentive dollars (which are deducted from the negotiated selling price after taxes) Down payment of $0.00, first bi-weekly payment and $0 security deposit due at lease inception. Total lease obligation is $8,773.70. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers."Limited time bi-weekly lease offer based on a new 2014 Civic DX model FB2E2EEX. #1.99% lease APR on a 60 month term with 130 bi-weekly payments O.A.C. Bi-weekly payment, including freight and PDI, is $84.63 based on applying $600.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first bi-weekly payment and $0 security deposit due at lease inception. Total lease obligation is $11,001.90. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. Ω Limited time bi-weekly lease offer based on a new 2014 CR-V LX 2WD model RM3H3EES. ¥1.99% lease APR on a 60 month term with 130 bi-weekly payments O.A.C. Bi-weekly payment, including freight and PDI, is $133.83 based on applying $1,000.00 lease dollars (which is deducted from the negotiated selling price before taxes). Down payment of $0.00, first bi-weekly payment and $0 security deposit due at lease inception. Total lease obligation is $17,397.90. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometers. **MSRP is $16,130 / $17,185 / $27,685 including freight and PDI of $1,495 / $1,495 / $1,695 based on a new 2014 Fit DX model GE8G2EEX / new 2014 Civic DX model FB2E2EEX / 2014 CR-V LX 2WD model RM3H3EES. License, insurance, registration and taxes are extra and may be required at the time of purchase. ¥/£/€/Ω/#/* Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, which are both due at time of delivery and covered by the dealer on behalf of the customer on the 2014 CR-V LX, Accord LX, Civic DX and Fit DX only. ‡/#/*/Ω/€/¥/£/** Offers valid from April 1st through 30th, 2014 at participating Honda retailers. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.

Horoscopes

♈ Aries
March 21 - April 20
There is no point trying to get partners and colleagues' approval for what you are planning while the effects of yesterday's eclipse still linger. Either push ahead on your own or wait until they are in a more receptive frame of mind.

♉ Taurus
April 21 - May 21
Refuse to get uptight about the little things that go wrong. At home and work it will seem as if people are deliberately letting you down but the truth is everyone is a bit confused, so make allowances.

♊ Gemini
May 22 - June 21
The only way you're going to move forward with a project is if you get backing from people who can help you overcome the obstacles you are going to face. Give it another day or two to say, "yes".

♋ Cancer
June 22 - July 23
It isn't worth wasting time and energy fighting about something that means nothing to you. Later on in the month you will get the chance to do battle for a worthwhile cause.

♌ Leo
July 24 - Aug. 23
You may have to defend what you believe in today, and you should do so with every weapon at your disposal. Don't ever forget that you are as entitled to your viewpoints.

♍ Virgo
Aug. 24 - Sept. 23
It isn't time for making money-related decisions. If you give yesterday's eclipse a few days to wane, you may find that what you thought was a good deal wasn't.

♎ Libra
Sept. 24 - Oct. 23
Partners and colleagues have the upper hand right now. There are powers that cannot be beaten by charm or force of personality, of which you have plenty. Just stay calm.

♏ Scorpio
Oct. 24 - Nov. 22
No matter how eager you are to begin something you have every reason to believe will bring you fame and fortune, it might be best to wait. The Sun's change of signs on the weekend could lead to a change in your priorities.

♐ Sagittarius
Nov. 23 - Dec. 21
You can and will succeed a lot quicker if you get help from people who share your ambitions. Teamwork is the way to move forward and that, of course, means compromise.

♑ Capricorn
Dec. 22 - Jan. 20
You may have to own up to a transgression today but the moment you do, you will feel a lot better for it. You have been carrying a lot of burdens lately, not least the burden of a guilty conscience. Get past it.

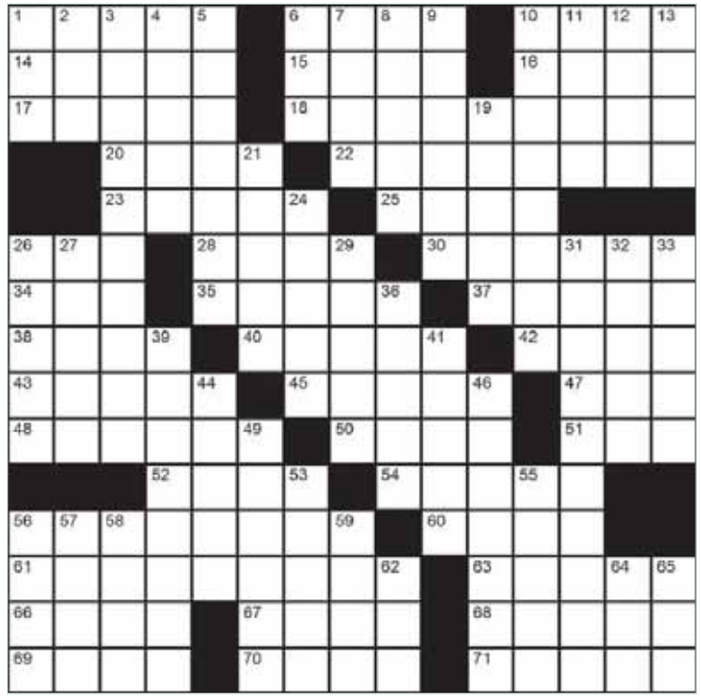
♒ Aquarius
Jan. 21 - Feb. 19
If you feel the need to go out and have a good time then do so and don't feel guilty about it. Put your troubles behind you and do whatever makes you feel glad to be alive.

♓ Pisces
Feb. 20 - March 20
You seem to reckless lately and if yesterday's eclipse somehow failed to remind you that's not a good thing to be then today's Mars-Mercury link most certainly will. Don't ignore warnings. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

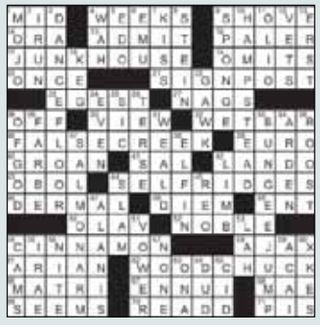
BY KELLY ANN BUCHANAN



Across
1. 'Herbie' of movies, e.g., _ _ __
6. Mr. Lugosi
10. Objective
14. "That's _ __ __!" (Remark to the naughty)
15. Eddie's "Beverly Hills Cop" (1984) role
16. Medical condition suffix
17. It takes __ __ tango
18. Yellow blooms of Spring
20. Pickle
22. Leonard Cohen's "So Long, __"
23. People of Eng.
25. Puppy's protest!
26. 1996 Snoop Dogg album: '__ Dogg-gfather'
28. Apiece
30. 1994 Green Day album
34. Low-__ (Fuzzy, as images)
35. Journalist's coup
37. Salt-_-__
38. Hill-making creatures
40. Harold's pal (played by Kal Penn) in movies
42. Gibraltar, et al.
43. Previous
45. Freshen
47. Tit-for-__
48. Ontario: Community in Prince Edward County
50. Slangy sure
51. Fleur-de-__ [var. sp.]
52. Riot
54. Extra tire
56. "__ Highway" by Gordon Lightfoot
60. __ one's toe
61. Sops up again
63. Like a cloudless day
66. Military force
67. Odd, to a Scot
68. Lionel Richie song
69. Supermodel Kate
70. Feline's utterance
71. "Over the Rainbow" co-composer, Harold __

Down
1. Cistern
2. Compass pt.
3. Dream Warriors hit: "My Definition of a __ Jazz Style"
4. Beneath: German
5. J.Lo gets them after moving "American Idol" performances
6. Not good
7. Crammed for thing
8. Arthurian legend sorceress, Morgan __ __
9. The Dark Knight's trusted aid
10. Colas: 2 wds.
11. Pet Shop Boys hit: "It's _ __"
12. Ceramics oven
13. Feminine suffix
19. Pour __ __ troubled waters
21. Heap
24. Do heavy duty Spring cleaning
26. __ Family Singers
27. Montreal-born politician Mr. Bourassa (b.1868 - d.1952)
29. Comfortable
31. Cute-looking gym weight
32. "_ __ everyday that..." ('Holy'-sounding wish)
33. Map's to-the-right directions
36. Window parts
39. World famous auctioneer
41. Collects, as grains
44. 'Sunny' car areas
46. Chilliwack hit: "__ Gonna Do (When I'm Gone)"
49. 'We're Full' meaning at an inn: 2 wds.
53. __-Neuve-et-Labrador
55. Throne occupant
56. Prepare for the test hurriedly
57. Bubbly bar
58. Slams
59. River of Spain
62. Visited
64. Alcoholic beverage
65. J.K. Rowling character

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	3	5					8	
9					7		4	
7			3		9	1		
	4			3		5		2
8		7		5			3	
		4	1		6			9
	6		4					1
	2					3	6	

Yesterday's Sudoku

3	8	6	2	5	7	9	4	1
2	4	9	1	8	3	7	5	6
7	5	1	4	9	6	3	2	8
5	2	3	7	6	1	4	8	9
6	7	8	9	3	4	2	1	5
1	9	4	5	2	8	6	7	3
4	6	5	8	7	9	1	3	2
9	1	2	3	4	5	8	6	7
8	3	7	6	1	2	5	9	4

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HWY: **5.3**L/100 KM
CITY: **7.5**L/100 KM▼

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AND **$0** DOWN

ACCENT L 4-DOOR MANUAL. DEALER INVOICE PRICE INCLUDES $779 IN PRICE ADJUSTMENTS$, DELIVERY AND DESTINATION.

Limited model shown♦
Selling Price: $23,754

HWY: **5.3**L/100 KM
CITY: **7.6**L/100 KM▼

2014 ELANTRA L

DEALER INVOICE PRICE: $16,352‡

OR

OWN IT FOR **$79** BI-WEEKLY PAYMENT
WITH **0%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

ELANTRA L MANUAL. DEALER INVOICE PRICE INCLUDES $1,197 IN PRICE ADJUSTMENTS$, DELIVERY AND DESTINATION.

Limited model shown♦
Selling Price: $38,225

HWY: **7.3**L/100 KM
CITY: **10.2**L/100 KM▼

2014 SANTA FE SPORT

DEALER INVOICE PRICE: $27,053‡

OR

OWN IT FOR **$135** BI-WEEKLY PAYMENT
WITH **0.9%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

SANTA FE SPORT 2.4L FWD. DEALER INVOICE PRICE INCLUDES $1,306 IN PRICE ADJUSTMENTS$, DELIVERY AND DESTINATION.

GLS model shown♦
Selling Price: $27,000

HWY: **7.2**L/100 KM
CITY: **10.0**L/100 KM▼

2014 TUCSON GL

DEALER INVOICE PRICE: $22,797‡

OR

OWN IT FOR **$118** BI-WEEKLY PAYMENT
WITH **1.9%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

TUCSON 2.0 GL FWD MANUAL. DEALER INVOICE PRICE INCLUDES $462 IN PRICE ADJUSTMENTS$, DELIVERY AND DESTINATION.

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™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offer available O.A.C. from Hyundai Financial Services based on a new 2014 Accent 4-Door L Manual/Elantra L 6-Speed Manual/Santa Fe Sport 2.4L FWD/Tucson 2.0 GL FWD Manual with an annual finance rate of 0%/0%/0.9%/1.9% for 96 months. Bi-weekly payments are $69/$79/$135/$118. $0 down payment required. Cost of Borrowing is $0. Finance offer includes Delivery and Destination of $1,550/$1,550/$1,760/$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ‡Dealer Invoice Price of 2014 Accent 4-Door L Manual/Elantra L 6-Speed Manual/Santa Fe Sport 2.4L FWD/Tucson 2.0 GL FWD Manual are $14,220/$16,352/$27,053/$22,797. Prices include price adjustments of $779/$1,197/$1,306/$462 and includes Delivery and Destination of $1,550/$1,550/$1,760/$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. The customer prices are those reflected on the dealer invoice from Hyundai Auto Canada Corp. The dealer invoice price includes a holdback fee for which the dealer is subsequently reimbursed by Hyundai Auto Canada Corp. ΩPrice adjustments are calculated against the vehicle's starting price. Price adjustments of up to $779/$1,197/$1,306/$462 available on in stock 2014 Accent 4 Door L 6-Speed Manual/Elantra L 6-Speed Manual/Santa Fe 2.4L FWD Auto/Tucson 2.0 GL FWD Manual on cash purchases. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ♦Price of models shown (with Price Adjustments): 2014 Accent 4 Door GLS/Elantra Limited/Santa Fe 2.0T Limited AWD/Tucson 2.4 GLS FWD are $19,140/$23,754/$38,225/$27,000. Prices include Price Adjustments of $1,109/$1,445/$2,434/$1,659, Delivery and Destination charges of $1,550/$1,550/$1,760/$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. ▼Fuel consumption for new 2014 Accent 4-Door L (HWY 5.3L/100KM; City 7.5L/100KM); 2014 Elantra L Manual (HWY 5.3L/100KM; City 7.6.L/100KM); 2014 Santa Fe Sport 2.4L FWD (HWY 7.3L/100KM; City10.2.L/100KM); 2014 Tucson 2.0 GL FWD Manual (HWY 7.2L/100KM; City10.0L/100KM) are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. †‡Ω♦Offers available for a limited time, and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions. Dealers are licensed under the Fair Trading Act.

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D#6700

Murray Hyundai White Rock
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Surrey, 604-538-7022
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Richmond, 604-606-9033
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Maple Ridge, 604-467-3401
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Abbotsford, 604-857-2622
D#9390

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